Covid 19 – What does the science say? And how to protect yourself bow & why the Medical burgayersey (WHC)

how & why the Medical bureaucracy (WHO) are deceiving you!

- By David Holden, ND, MS (USA), Dip.BioChem.
- Medical Scientist
- Specialist in Naturopathic Oncology

Who is David Holden?

- ▶ **David Holden** trained as a **Medical Scientist** (double majored in Microbiology & BioChemistry) in the 1980's in NZ then retrained over 12 years as a **Specialist in Naturopathic Oncology** (Masters degree level) in Queensland & California.
- He then set up full time practise in Auckland in 1988 where he has helped thousands of patients with difficult to treat conditions and all types of cancer. He regularly does public talks and can be contacted on 0274 837 188 or 09 282 3588. You can find out all about his clinic and what he does by visiting his website www.HoldenHealthCare.com or email: david@hhc.nz
- David was a founding task force member that set up the **NZ Charter of Health Practitioners** in 1993-4 with 7 others, this was the largest grouping in Nat Med ever formed.
- He also co-founded the NZ Natural Medicine Association in 1993-4 with Paddy Fahy, the then CEO of the NZ Charter.
- David was appointed by the 2001 Labour Government to be on MACCAH (Ministerial Advisory Committee on Complementary & Alternative Health) from 2001-2004 whose report was buried by Health Minister Annette King & the MoH Medical Bureaucracy.
- David is passionate about empowering patients to take responsibility for their own health despite the Govt blocking access to it with its bureaucracy empowered by the WHO & Big Pharma. He believes the corruption within medicine from WHO & Big Pharma is rife and runs very deep & wide globally and has done for over 170+ years.

What this talk covers:

- How accurate is the PCR test used for diagnosing a Covid 19 infection?
 What are the implications of this for covid stats?
- The real figures on how "safe & effective" the Covid 19 Vax really is. Compare the estimated real figures with the official NZ govt. ones!
- · Why isn't the MoH giving you more info to help yourself avoid getting sick? What you can take to make a difference to your immune system.
- Why is Medsafe deliberately stopping the use of effective treatments to treat those who get seriously ill with Covid 19? What are those proven treatments?
- Who is behind the Covid 19 pandemic and why? What do they gain from it? What's their motivation? Who are the global puppet masters?
- Every attempt to maintain accuracy and validation of all facts & statistics has been made in this presentation. A full list of references is included at the end of it so you can check and do your own research!

How accurate is the PCR test? What does this mean for the stats?

- According to **Dr Kary Mullis** in 2018 the inventor of the PCR test, it was never designed to detect viruses or other pathogens! It will pick up non specific viral DNA or RNA but nothing more, certainly not accurate enough to determine a covid 19 infection or not. The test also has questionable accuracy by the increased number of titre cycles performed to enable detection of DNA / RNA.
- ▶ Studies originally done and repeated in 2019 & 2020 show the false positives can be close to 70% if the cycles used in PCR are >28, most PCR covid tests use 40+ cycles so are grossly inaccurate!
- This means the world wide figures quoted on www.WorldHealthOmeter.com are inflated by at least double, some are saying triple if you take into account the 'bribes' being offered hospital administrators to relabel any death within 48 hours of a positive covid PCR test as a death by covid when it is most likely caused by patient co-morbidities like cancer, heart disease, diabetes, COPD or serious lung diseases amongst others.
- Even accident victims can & have had deaths relabelled in US & UK Hospitals!!

What the official covid vax stats don't tell you:

- Google this link to see the official Medsafe figures for how many people in NZ have died as a direct result of the vaccine and how many have life altering injuries:
- https://www.medsafe.govt.nz/COVID-19/vaccine-report-overview.asp
- The latest data from today (05.10.21) only shows mid September figures but reveals 60 deaths from the covid vax in NZ, more than double who have died (28) from Covid 19 in NZ so far. The numbers of serious injuries have not been officially released yet but it is over 2,000.
- **Lynda Wharton**, Health Practitioner in Akld has set up a consumer database as many people have found their GP or Nursing Staff unwilling to file a a covid vax related death or serious injury. Medsafe is actively discouraging people filling reports. Lynda believes the actual figures are 5-10 x higher than the official ones which would mean up to 600 have died from the covid vax in NZ and over 20,000 have been seriously injured, but it is very hard to ascertain the real figures because of the obstructive MoH bureaucracy.

What the official VAERS (USA) stats show:

- So you think its bad in NZ? Well its far worse in North America the UK & the EU. Check out this link, now somewhat dated, because its hard to get up to date official figures so its difficult to know what the real figures are in real time:
- https://www.theburningplatform.com/2021/07/03/latest-cdc-vaers-data-show-reported-injuriessurpass-400000-following-covid-vaccines/
- Already we are seeing that the officially sanctioned treatments are killing more than the actual disease by a factor of around 5-6 x globally. As an Alternative Medicine Practitioner of 33 years this is nothing new to me, but for many of you it may be a wake up call that orthodox medicine doesn't have your wellbeing at heart.
- Big Pharma's main focus is making huge profits (minimum margin with drugs is 1,000%!) and appeasing their shareholders to keep the companies stock price high so their directors & shareholders can retire rich, being their main motivation! Health & wellbeing is way down the list of priorities!
- There is plenty of evidence being collected for numerous court cases filed now & in the near future all over the globe. World, Supreme & High Courts have cases lodged within the last 3 weeks pending for the main public faced officials, Gates, Fauci, Schwab, etc for mass murder & conspiracy to commit mass murder with a penalty of death under 5 of the 9 Nuremburg Codes that have been breached. This has never happened since WW2!

Why is Medsafe not giving out info to protect you from getting sick with Covid 19?

- All Medsafe has been saying is identical to the WHO they report to and repeat instructions from: Masks; (PPE for medical staff), Social distancing and Vaccinations. That's it!!
- No mention of the proven science behind supplementing with Zinc, Vitamin C, Vitamin D3 & Quercetin to reduce your risk of viral infection by up to 75%!!
- No mention of what to do to **strengthen your immune system** with a plant based diet, regular body type specific exercises, Mindfulness, Creative Visualisation, Yoga, Pilates & Meditation!
- No mention of practises to develop positive emotions like **love**, **gratitude**, **forgiveness & acceptance** to diffuse the massive increase in reports of suicide attempts & mental health issues like anxiety, fear & stress overload especially in the below 40 age group.

Why is Medsafe actively discouraging proven effective treatments that work for Covid 19?

- Over 63 Clinical Studies done on **Ivermectin** including in 2020 a large Italian study done with 15,000 patients and then repeated the same year in India with 150,000 patients, proving beyond doubt **Ivermectin** works yet it was removed from the Covid 19 World Treatment Protocol in 2019 by the WHO. Court cases against WHO pending in India, USA & the EU . . .
- Yet Dr Ashley Bloomfield said as recent as 14 September 2021 there is no clinical evidence to support Ivermectin's routine use in Covid infections!! Nothing could be further from the truth!! He is just parroting what his masters at the WHO told him to say! This is deception at its worst and he needs to be held accountable.
- Over 15 Clinical Studies done on Hydroxychloroquine also proving its effectiveness in severe respiratory viruses & advanced lung diseases, yet it was also removed from the Covid 19 Treatment protocol in 2019 by the WHO. Why? What are they covering up?
- Rescheduling **NAC** (**N Acetyl-Cysteine**) by the FDA in 2021 as a drug from a Dietary Supplement in the USA, making it harder to obtain by prescription only, no longer OTC. This ruling will affect global access to NAC later this year. NAC is the primary treatment for removing **Graphene Oxide** from human tissues as one of the main contaminants in the covid jabs.

What treatments are proven effective at treating Covid 19?

- ► **Hydroxychloroquine (HCQ) Sulphate** 200mg over 90% effective in reversing advanced covid disease within 10 days 1-2 caps daily depending on severity of the infection
- ▶ Ivermectin Sulphate 200mg over 70% effective in reversing advanced covid disease within 15 days 1-2 tabs daily depending on the severity of the infection
- ▶ **Zinc** proven to significantly boost immune activity with all infections not just viruses if taken in higher enough doses for long enough (adult dose 50mg daily for at least 1-3 months)
- ▶ Vitamin C needed on a regular daily basis to be most effective in all types of infections not just viruses as well as to aid detoxification of cellular debris (adult dose 3-5 grams daily ongoing based on weight)
- Vitamin D3 & K2 needed if deficient over winter especially in higher than normal doses (adult dose 5,000-10,000iu daily based on need especially in winter)
- Quercetin to support reducing inflammation and to aid detoxification of cellular debris (adult dose 1,000-3,000mg daily as needed) kids 500-1,000mg daily
- ▶ Breathable Industrial grade Oxygen for as long as needed daily to get SpO2 above 95%, ideally closer to 99% if at all possible

What are the proven dangers of Covid 19 Vaccination?

- From medical texts, as with all other vaccines the adjuvants, stabilisers & diluents can be a problem for a small number of sensitive individuals. But this covid vaccine seems to trump them all for reactions with the highest serious reactions & death rates EVER seen in history!
- The new gene editing technology using **mRNA** has never been used on humans before so we don't really know exactly what the side effects will be, but it seems so far to migrate & do cellular damage to the **brain**, **heart**, **lungs & uterus** often mimicking the symptoms of covid 19.
- Infertility in both men & women has been shown to occur in alarming high numbers from recipients of the double shot covid vax & the boosters.
- A highly toxic substance called **Graphene Oxide (GO)** has been found in alarming high levels in all the vials of Pfizer, Moderna & Astra Zeneca mRNA & attenuated Adenovirus vaccines so far tested. **GO** is considered the most likely agent to be causing the higher levels of reactions and deaths we are seeing with these new covid vaccines.
- The **mRNA** effect increases the production of the spiked proteins we now know are responsible for many of the deaths & serious injuries from the mRNA covid vaccines, but we still don't know the medium to long term effects which are likely to be far reaching and potentially devastating to the human immune system & human fertility rates for both men & women

What is actually in the Covid 19 Vaccine?

- There are 2 main types of covid 'vaccine' **mRNA** & **attenuated Adenovirus**. Officially these contain a small amount of **mRNA** (30-100mcg) programmed to invade your DNA and make it produce massive amounts of the SARS-CoV2 Spiked Protein that helps your immune system 'deactivate' the virus and overcome a serious infection plus adjuvants & stabilising agents like saline in the Pfizer or Moderna or Johnson & Johnson jabs **OR attenuated Adenovirus nanoparticles** with adjuvants & saline stabilisers with no mRNA like Astra Zeneca, Novovax, Sputnik V (from Russia) & Sinovax (from China).
- The reality of what is really in these covid vaxes is quite different based on several independent doctors, scientists & labs that have tested vials of the now 8 different vaccines on offer worldwide.
- What we now know is the authorities & drug companies are lying. Its not like they haven't done this before. Big pharma wrote the book on dirty tricks with numerous failed drug studies over the last 150 years e.g. Mercury, Lead, Thalidomide, Nicotine, and a myriad of others too numerous to mention here.
- ▶ **Graphene Oxide** is added to all covid jabs in significant amounts from all samples tested in varying quantiles from 30-90%. GO is a highly toxic metallic like gel & an EMF conductive element that has no place in vaccines of any type other than to harm you. The host can become conductive to EMF's. Why would you add this compound intended to harm the recipients?
- mRNA doesn't stay in the muscle tissue where it is injected (official narrative) but spreads via the blood & lymph to everywhere in the human body. It can also pass thru the blood-brain barrier and infect neural & brain tissue. No studies have been done on it in humans or animals as yet.

What are the dangers of Graphene Oxide in the Pfizer & other covid 19 jabs?

- According to the NZDSOS website: https://nzdsos.com/2021/09/27/magnetism-say-what/
 https://nzdsos.com/2021/09/27/magnetism-say-what/https://nzdsos.com/2
- Promote thrombus formation (blood clots);
- Damage red blood cells (echinocytosis);
- Damage the immune system;
- Inflame all mucous membranes;
- Contribute to loss of taste & smell which can in some be permanent;
- Give an unpleasant metallic taste in the mouth;
- Exert magnetic properties once inside an organism explaining the bizarre footage online of people showing spoons sticking to the vaccination site on Facebook and other social media;
- The higher the concentration of **GO** in the jabs the worse the effects over time. The first & second shots are reported to have up to 30% **GO**, and the booster shots (known as the 'kill shots' overseas) from 60% to 90% but the dose does seem to vary from batch to batch.
- Reports from the USA (10.21) show a wide variety of contaminants from samples of Moderna & J & J vaxes that were examined by **Dr Carrie Madej** a Specialist Physician who first broke the news of the effects of mRNA from Moderna uncontrolled within human cells. I haven't seen any reports about the same in the Pfizer shots as yet more on this if it turns up.

How can we deactivate / detox Graphene Oxide?

- Don't have the jabs! The booster shots are the worst and can have as much as 90% **GO** from lab reports I've seen. These are called 'the kill shots' overseas by those medical & scientist whistle-blowers that know!
- ► Take elevated doses of **Vit C, D3 & Zinc** to activate your immune system
- ► Take **Liposomal Glutathione & NAC (N Acetyl-Cysteine)** to help the body break down **GO** and excrete it out via the liver, kidneys, lungs and skin if you have had any covid jabs or live with vaccinated people.
- Use infrared saunas to help elevate body temperature & sweat the GO out. Always drink copious pure water during saunas, don't dehydrate!
- Use **Homeopathy, Electronic & Frequency Medicine** to help your body cope with the mRNA in your system if possible with a skilled Homeopath & practitioners (we have both available at HHC in Akld) as well as Herbal Medicine & Nutraceuticals, all the effective ones are being restricted by Medsafe. Wonder why?
- ▶ The longer you take to do this detox after exposure (vaccination) the poorer the detoxification of the **GO** and the more cellular damage is done to the host, so speed of detox after exposure is crucial!

What can you do to protect yourself if you need the jabs to keep your job?

- ▶ Start taking high doses of **Lypospheric Vitamin C** (3-5 grams daily spread throughout the day depending on your weight); **Zinc** at 50mg daily with breakfast or dinner for at least 3-6 months; **Vitamin D3 & K2** in high doses 3-10,000iu daily depending on your weight) for at least 4 weeks before your first jab.
- In addition start taking a minimum of 1,000mg NAC (N Acetyl-Cysteine) with dinner and double dose **Liposomal Glutathione** away from meals and held in the mouth for at least 30 seconds daily, both for least at 4 weeks before your first jab, between jabs and a month after your second jab.
- Continue taking these supplements in high doses a month before, between and a full month after both jabs. Do the same before the booster shots that will be mandated either just B4 Xmas 21 or early in the new year (2022).
- ► These measures should reduce dramatically your chance of a negative reaction after the jabs but wont eliminate it. Those most prone to severe reactions are those that should seek a medical exemption for the covid vax. See next slide for details of who these people are:

Who can apply for a legal medical exemption for the covid vax?

- Anyone who has an auto-immune disease like Lupus, Rheumatoid Arthritis, Coeliac disease, Chronic Fatigue Syndrome, Psoriasis, Diabetes Type 1, Endometriosis, Fibromyalgia, Graves Disease, Hashimoto's Thyroiditis, Idiopathic Cardiomyopathy, Idiopathic Pulmonary Fibrosis, Juvenile Arthritis, Kawasaki's disease, Lichen Sclerosis, Lyme disease, Meniere's Disease, Myasthenia Gravis, Myocarditis, Polyalgia Rhumatica, Sarcoidosis, Scleroderma, Vasculitis or Vitiligo. This is not an exhaustive list!!
- ▶ If you have one of these complaints above you are wise to get an exemption under emergency provisions from your GP or Medical Specialist until the trial period of the covid vaccines are finished and the results of the trials are in. Pfizer's BioNTech Covid 19 Vaccine study and human trials ends July 2023. By then we will know exactly what the contra-indications are for both the mRNA & Adenovirus Covid 19 jabs.
- Whether you can get a medical exemption depends on the relationship you have with your GP or medical specialist(s). Those at the top of their game medically world wide are saying it is wise for those suffering an Auto Immune disease to NOT have an untested vaccine until the trials are in and the results are studied or their doctor or medical specialist thinks otherwise. I myself am in this category.

Who really gains from the Covid 19 pandemic? And why?

- The WHO is a subset of the UN and its most prolific donator is Bill Gates thru GAVI and the Bill & Melinda Gates Foundation set up in 2000 to influence global vaccine policy and practise their 'philanthropy'. This has cost the lives of over 400,000 children with Gates HPV vax & sterilised many more girls in Africa alone. More can be found in most major search engines, heavily sanitised on Google!
- ▶ WHO stands to gain more global recognition, massive financial gains from donations & more power by declaring covid a global pandemic. The more pandemics they declare the more \$\$\$'s & power they are given by world governments & billionaires.
- ▶ **Big Pharma** follow the money folks who stands to make the most \$\$\$'s from Covid? The vaccine companies duh! Last year Astra Zeneca made an extra US\$3.5B due to its covid vax but that's only the tip of the big pharma pay day iceberg. Moderna (owned by Gates), Pfizer & Johnson & Johnson all stand to make billions annually for the next decade from covid vaccines & medicines yet to come.
- ▶ Bill Gates, Anthony Fauci & our own Siouxsie Wiles, (pink haired microbiologist) all their net worth has risen significantly as a result of sales of the various vaxes, PCR tests, masks & PPE sales globally. Share prices of all their stocks have risen hugely. Bill Gates has large holdings of big pharma stocks including Pfizer & J & J, plus he owns Moderna & its IP on mRNA & carbon & aluminium nanotubes.

Who is behind the whole operation called Covid 19?

- We may never know completely. Gates, Fauci & WHO lead scientist Dr. Soumya Swaminathan are the public face of covid 19 and hopefully will meet justice over time. Nuremburg style trials & Court cases pending in the EU, USA, UK & India against all 3 & many others for mass murder & conspiracy to mass murder under penalty of death from the 5 breaches of the 9 Nuremburg Codes
- The drug companies are certainly complicit, as well as the bought off mainstream media & medical bureaucracies dictated to by the WHO world wide. The corruption runs deep & wide, it may take decades to bring everyone involved to justice.
- It is highly likely covid was deliberately released as a bioweapon (the vax not the virus) to wreak the maximum amount of social, financial, psychological, emotional & physical harm as possible with the minimum amount of structural damage to our civilization.
- ▶ The **USA** will say **China** is to blame for covid and **China** will blame the **USA**. I know it goes higher up the food chain. This smells of a globally orchestrated campaign that took decades of planning by all involved across a wide range of sectors. I have my suspicions but I have no proof at this stage. Suffice to say David Icke is on the right track with some of his evidence of the source of all this at www.DavidIcke.com

What can I do now to protect myself and my family?

- ▶ 1. Stop reading, listening & watching mainstream media (MSM). Its all heavily biased and weighted against anything that is counter to the WHO / NZ Govt. narrative over the virus, the pandemic and the vax. The Govt has bought the complicity of the MSM to the tune of well over NZ\$55 and is making regular monthly payments to all MSM who toe the govt line and don't publish anything that gives weight to alternative viewpoints.
- ▶ 2. Stop using Google as your main search engine as it is so heavily censored it is embarrassing! Same for Facebook, Twitter, Instagram & YouTube.
- ▶ 3. Use DuckDuckGo or similar as your main independent search engine to get a more rounded picture of what is really going on!
- ▶ 4. Visit www.VoicesForFreedom.co.nz and read www.therealnews.co.nz for more factual information that has some real science behind it!
- ► 5. Check out videos on www.Rumble.com & www.Brighteon.com & www.Bright

What else can I do to protect my family?

- ▶ 6. Start taking well proven effective supplements of Lypospheric Vitamin C, Zinc, Vitamin D3 and get your levels tested so you know if you have enough on board before you stop taking some of them over summer. Vit D3 & Zinc are easily tested via Labtests. Ask me or your health practitioner to give you a form for these tests.
- ▶ 7. If you live with people who have been vaxxed take Liposomal Glutathione and NAC to help detox your exposure to Graphene Oxide & Pine Needle Tea to detox the Spiked Protein Shedding from the vaccinated.
- ▶ 8. Educate yourself by visiting www.VoicesForFreedom.co.nz and subscribe to www.RealNews.nz & www.TruthComesToLight.com & www.Mercola.com and other Alternative Media from non google search engines.

What's spiked protein shedding? How can I protect myself?

- Numerous reports have come out of North America, the UK & EU regarding this phenomena. Those who have been given the mRNA version of the covid jab that stimulates the over production of the covid spiked protein; in theory to help the body cope with future covid infections; shed excess spiked proteins in their body fluids for at least a month after each shot possibly longer.
- It appears that many vaxxed patients, but not all, shed spiked proteins in their bodily secretions, especially as an aerosol via the breath, sweat as well as urine, faeces and with intimate contact. If Glutathione levels are low, shedding is worst in the vaccinated and is most marked for 2-4 weeks after each jab, especially the booster shots.
- Numerous reports about unvaxxed people getting sick or owners pets getting ill or even dying when exposed to the shedded spiked proteins of their vaccinated owners. Dr Sheri Tenpenny, a medical expert in this field and highly outspoken against the covid jabs reports that drinking quantities of **Pine Needle Tea** is very helpful in flushing out and detoxing the shedded spiked proteins. Aim for 1-3 cups daily if affected for at least 1 month. Update on this info pending further research . . .

Does the covid vax actually work? What do the real stats show?

- Studies in the USA (10.21)now show that 60%+ of hospitalisations are from vaccinated patients not the unvaccinated!
- Studies in the UK show teenage deaths have risen 125% since their vax rollout (more info pending future research will be added here)
- Studies in the EU show (more info pending future research will be added here)
- Here in NZ we are getting a rise in teenage deaths since the covid vax rollout was approved for over 12 year olds: https://alethonews.com/2021/09/12/deaths-from-covid-vaxcine-are-government-mandated-genocide/
- So why would you take a treatment that is far worse than the disease its supposed to treat? Why would you have a vax that doesn't work and whose side effects are worse & more prolific than what its supposed to be treating?
- Actual figures (10.21) show that the covid 19 vaxes are killing globally 5-6x more people as covid disease has killed itself even with inflated death figures as previously covered with a faulty and inappropriate use of the PCR test for covid!
- The 2 most heavily vaxxed populations, Israel (80%+) and Singapore (75%+ as at 10.21) yet both countries have higher deaths rates & hospitalisations now due to vax related deaths & serious reactions that they ever did when covid was at its peak with no vaccine! More studies are being carried out as you read this to find out more.

What can we expect in NZ given the Northern Hemispheres experience?

- From the vax rollouts all over the world several trends are appearing that will most likely occur in NZ & Australia this year & 2022 as well:
- Increasing covid vax related deaths even in the young, so far (10.21) the medical treatment for covid is killing & maiming 5-6x more people than the actual disease itself according to official WHO stats.
- The reality is the actual death & serious life altering injuries stats directly from the vax is much higher than the official figures, some believe by a factor of 5-10! (multiple sources see references at end)
- Official US stats show over 750,000 people have died from the covid vax since the rollout (10.21).
- Official UK stats show (more research will be added shortly)
- Israel (one of the most vaxxed nations on earth at over 85%) reports that 90% of hospitalisations since the vax rollout (10.21) are from vaccinated patients!

Is there any link with the covid vax ingredients & EMF's, Microwave or AI?

- No. Not publicly anyway.
- But there are a lot of private companies & governments military looking at the links for the next big Billion dollar tech revolution actively in all these areas for new generation weapons development.
- Its no secret the worlds intelligence agencies are developing or have developed advanced technology that embraces both biotech weapons and energy & microwave ones too.
- The connection between bioweaponry & energy (microwave & frequency) weapons is the next logical step in a new generation of multi sector hi tech weaponry.
- Humanity is very good at making new ways of mass murder & genocide and this is a real risk with many of these new technologies under military development all over the world when coupled with AI.
- Its possible the technology has already been developed and even deployed but if so it's a big secret up there with UFO's and Aliens!

Isn't the covid vax link with 5G & EMF's just conspiracy theory bullshit?

- Yes that's what I thought when I first read about it. Unfortunately, believe it or not it actually does have some science behind it. But I am not yet aware if it is being used. Hear me out:
- In the **mRNA vaxes** there are a lot more metallic nanoparticles than the **attenuated Adenovirus** vaxes and these have been proven to be magnetic. **Graphene Oxide** is present in both types of vaxes and this is a major contributor to the **electrically conductive nature** of the covid vaxes. So why would you do this?
- ▶ **Graphene Oxide** can conduct EMF's in whatever tissue it resides in inside the human body. In theory it could short out neural tissue and cause synaptic charge alterations to conductive nervous tissue especially if **carbon or aluminium nanotubules** were used as scaffolding.
- ▶ **Graphene Oxide** has some very interesting properties and is now used in bioweapons research for biomedical applications, solar cells, batteries, super capacitors, biosensors and **GO** has the advantage in the human body of being water soluble so it can migrate anywhere.
- Tests have shown **GO** to be conductive of microwaves and 5G so yes *in theory* it could be used as an antennae for transmitting or receiving such frequencies in organic living tissue in combination with **carbon or aluminium nanotubes** but the research is heavily classified by Governments & the *Military Industrial Complex* so there is no proof as yet; so yes it remains a conspiracy theory unless / until more evidence comes to light.

How to contact me if you need help accessing the Supplements & Lab Tests

- ► Visit my website <u>www.HoldenHealthCare.com</u>
- Text me if you want to get access to the products you need so you can reorder in the future:
- ►0274 837 188 / 09 282 3588

References:

- Hear the hundreds if not thousands of Medical Experts, Senior Doctors, Scientists, Big Pharma whistle-blowers, Lawyers, concerned citizens all speaking out about what is going on: www.TruthComesToLight.com
- What's my actual risk of getting covid and getting sick? https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7947934/
- ► How accurate is the PCR test? https://fcpp.org/2021/02/27/pcr-test-is-flimsy-say-inventor-and-courts/
- ▶ Is the vaccine more dangerous than the disease? https://www.theburningplatform.com/2021/07/03/latest-cdc-vaers-data-show-reported-injuries-surpass-400000-following-covid-vaccines/
- ► How the NZ media has been bought: https://www.rnz.co.nz/news/political/414946/covid-19-government-announces-support-package-for-media-sector
- How to register if you get a covid jab reaction: https://www.medsafe.govt.nz/Profs/PUarticles/ADRreport.htm is the official govt website, the alternative is Lynda Wharton's on **Health Forum NZ on Facebook**.
- ► The toxicology of Graphene Oxide and proof it is in the covid 19 vaccine: https://www.nutritruth.org/single-post/graphene-oxide-a-toxic-substance-in-the-vial-of-the-covid-19-mrna-vaccine
- ▶ Proof of Graphene Oxide in the Pfizer and other covid jabs: https://nzdsos.com/2021/09/27/magnetism-say-what/
- ▶ Bill Gates link to covid vaccines & eugenics: https://youtu.be/zqifLTv0lnk
- ▶ Indictment for crimes against humanity: https://thetrailblazingpatriot.wordpress.com/2021/05/26/covid

References:

- Local NZ groups: www.NZDSOS.co.nz is a group of NZ Doctors, Nurses, Allied Health Practitioners & Scientists speaking out about what is really going on.
- www.United4Freedom.co.nz and www.VoicesForFreedom.co.nz are 2 of the better organised Peoples Choice lobby groups that do a wide variety of public Zoom meetings and physical meetings when in alert level 2 & 1 (so legal to do so). Both groups support public protests, petitions and education campaigns to fill in the glaring gaps in the government & media narrative of misinformation & propaganda.